



## WHY IS PARENTING SO IMPORTANT?

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### ABSTRACT

Parents are to play their role wisely and in a better way by involving themselves actively in the education of their children. Parents are to do something special for the children like arrangement of colourful racks for storing books, files and their other useful belongings. Such type of things brings charm on the faces of the children. Child's counseling time to time becomes a necessary tool for the parents. If parents are vigilant and watchful enough, child will definitely under their control. If child does something wrong, show your anger and disappointment, but do not yell insults or use any type of sarcasm. Disciplining young children is an extremely important part of Parenting yet there are parents who do not set adequate limits. Some feel overwhelmed by their child's behavior and may not know where to start. To improve your child's behavior it becomes the duty of the parents to strengthen their relationship with their child. To improve the child's behavior it becomes the duty of the parents to strengthen their relationship with their child. As good parents help the child to build his identity and learn about his interests, abilities and strengths. So parents should always look at the sunny side of everything. They should always think of the best their child. Nature gives birds their food but does not put it into their nests. They have to work hard for it. Nothing comes easily but hard work and determination solve all types of problems. So parents are to move their steps ahead along with their children to get best in life.

**KEYWORDS:** Positive mind set up, Encouragement, Discipline, Develop Conversational skill, intellectual development, good parenting.

### WHY IS PARENTING SO IMPORTANT:

Parents are the real artists who give designing to the lives of their kids. It is in the hands of the parents to fill vibrant colours as the artist does to complete his painting and makes it very attractive to draw the attention of others. As painting drawn by an artist and filling the colours in it adds up the beauty of the painting similarly by inculcating the good values in child parents can add beauty to the child's life. When the child's personality is groomed up, the credit goes to parents. Parenting is the real connection between the parents and the child. The child's physical, social, intellectual development from infancy to adulthood is based on good parenting which can give promotion to the intellect of the child and provide support in all walks of life. Parents with good parenting skills are called good parents. Interaction is the main seed between parents and child. If it nourishes properly and intelligently then definitely the fruit will be sweet. Parenting is such a practice which is used by parents to groom up the personality of the child.

Parents are to play their role wisely and in a better way by involving themselves actively in the education of their children. There is a dire need to bring about a meaning, creation and sensitive change within ourselves and in our children. Spending time with children, listening to them, setting limits, taking interest in their work, love and involvement bring the parents closer to their children. All toddlers are strong-willed. All early adolescents are moody and children under the age of five or six view the world differently than old children and adults do. They are by nature ego-centric and do not think about other people's needs or point of view.

Many things are happened at the age of 1 to 5 and many questions arise in Parents' mind.

- Is my child dependent on me?
- My child bites his nails. Should I stop him?
- Why does my child like to be where I am?
- Do all the children behave like that as my child does?

Dear Parents there is nothing to worry about this. Infants and young children are almost dependent on adults. This is a natural and necessary condition of childhood. When babies are small they are different. So labeling and judging them for their behavior is inappropriate because they can express their needs in the best way like by crying, making fuss and by making the parents aware that something is wrong with them or they are tired, uncomfortable, hungry, wet, scared etc. etc. We see in age of 1 to 5 children are fond of listening stories. Parents must tell them the stories full of moral values, related to good deeds of renowned persons like Abdul Kalam, Mahatma Gandhi etc. and related to nation and culture. In this way they can make the listening ability of their children stronger and imprint on their minds good characteristics of great persons.

In the real means for all age groups if the parents want their child should read a book then they themselves are to develop the habit of reading books, newspapers, good magazines etc. Parents are to do something special for the children like

arrangement of colourful racks for storing books, files and their other useful belongings. Such type of things brings charm on the faces of the children. Moreover this is a good technique to make them learn how to arrange the books and how to use the space. Same way if parents are in the habit of keeping the things systematically at home the child will learn the same.

Positive mind set up is also necessary for a child. Parents must take initiative to start the day by offering prayer to God or before having lunch and dinner because this is the best way to create aura of positivity around the child.

Encouragement is the best tool to build up the child's self-esteem. Small duties must be assigned to the children. After completion-- work should be appreciated. Never insert your negative remarks if the work is incomplete. Instead of finding faults you must help the child to make him understand how to find out the solution. It will definitely boost up the morale of the child.

Develop Conversational skill in child by doing reading for him. Try to add new words to his vocabulary. Point out the names of new objects and meaning of new words. Such things make a child more confident. This is the way to arise his high-esteem intellectual, curiosity and ambition.

Try to play new games with your child and fully involve yourself brings closer to each other as play time is the time of togetherness. By playing with child you can teach him how to maintain discipline, avoid cheating, fair-dealing and time-management etc.

Disciplining young children is an extremely important part of Parenting yet there are parents who do not set adequate limits. Some feel overwhelmed by their child's behavior and may not know where to start. There are other parents who do not know setting limits and they leave the job to neighbours, friends, relatives and most commonly teachers. The major reason the parents fail to discipline their child is because they fear the anger of the child and loss of his love. "Kids will be kids" but setting consistent limits is one of the major responsibilities of Parenting and is not a job that should be ignored or put off.

Young elementary-aged children enjoy exploring and becoming more independent. Some children take interest in making projects, playing games, riding bikes, participating inter and intra school competitions etc. Let the child show his talent. Never try to nip his talent in the bud as this is the right time for him to shatter the hesitation and come out of the shell. But this stage is very crucial. Child's counseling time to time becomes a necessary tool for the parents. If parents are vigilant and watchful enough, child will definitely under their control. If child does something wrong, show your anger and disappointment, but do not yell insults or use any type of sarcasm.

We see that some children spend too much time watching TV, playing video games and being on computer--get less time for reading, playing outside, sports, crafts, homework, socializing and being with the family. Parents are to find out other alternatives for making arrangements such as a parent child board game, time with friend, reading aloud etc. etc.

Good parents can intelligently decide how best to manage child's watching TV, playing games, study time etc. Parents should not set a strict schedule. Their approach must be flexible. Here at this stage parents are to help their children to develop fundamental traits of character such as honesty, compassion, courage, persistence and responsibility. Parents must encourage their child to feel good within and build positive self-esteem. By doing this our performance goes up.

To improve your child's behavior it becomes the duty of the parents to strengthen their relationship with their child. The closer you are, the more effectively you can influence the conscience of the child and can help him to become self-disciplined. If you find that your child is losing interest in studies or other co-curricular activity then as parents, evaluate the situation. As good parents help the child to build his identity and learn about his interests, abilities and strengths. So parents should always look at the sunny side of everything. They should always think of the best their child.

In nutshell everyone either parents or child is to work hard as without hard work there is no success. Nature gives birds their food but does not put it into their nests. They have to work hard for it. Nothing comes easily but hard work and determination solve all types of problems. So parents are to move their steps ahead along with their children to get best in life.